

International Diabetes Center  
Professional Education



# Clinical Diabetes Management

---

for **Primary Care Clinicians**

**2024**

Thursday and Friday, June 13-14 or October 3-4

# International Diabetes Center

## Professional Education

# Clinical Diabetes Management

---

## for **Primary Care Clinicians**

Physicians

Nurse Practitioners

Physician Assistants

Pharmacists

**2024**

Thursday and Friday

**June 13-14 or**

**October 3-4**

Naegele Auditorium

Park Nicollet Clinic & Specialty Center

3800 Park Nicollet Blvd.

St. Louis Park, Minnesota

## **Tuition**

\$575 for physicians

\$475 for other professionals

Includes continental breakfast,  
lunch and refreshments.

Presentations will be available for  
download before the conference.

See website for additional details

**[cme.healthpartners.com](http://cme.healthpartners.com)**

International Diabetes Center is  
part of HealthPartners Institute.

Learn more at

**[internationaldiabetescenter.com](http://internationaldiabetescenter.com)**

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians are increasingly responsible for diabetes management and education. This requires extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach people how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician's ability to effectively treat individuals with diabetes.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for medical professionals includes practice-based case studies. This program will give providers increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

## Program

### Day 1 (Thursday)

- 7:30am Registration and light breakfast
- 8:00 Welcome and announcements
- 8:15 **Diabetes Management Today**  
(Included 15-minute pre-test on CMEcentral)
- 9:15 **Medical Nutrition Therapy for Diabetes**
- 9:55 **Commonly Asked Nutrition Questions**
- 10:15 Refreshment break
- 10:30 **Navigating the Maze of Noninsulin Therapies**
- Noon Lunch
- 1:00pm **Use of Continuous Glucose Monitoring in Type 2 Diabetes Management**
- 1:45 **Moving the Needle on Insulin Therapy**
- 2:30 Refreshment Break
- 2:45 **Glucose Pattern Management: Focus on Insulin**
- 3:45 **Diabetes Management in Gestational Diabetes and Type 2 Diabetes in Pregnancy**
- 4:15 **How Diabetes Affects Sexual Health**
- 5:00 Adjourn

### Day 2 (Friday)

- 7:45am Light breakfast
- 8:00 **Ask the Endocrinologist**
- 9:15 **Diabetes and the Foot: Neuropathy and Wound Care**
- 9:45 Refreshment break
- 10:00 **Options for the Person with Overweight/Obesity**
- 10:45 **CVD in Diabetes: Focus HTN and Lipid Management**
- 11:45 Lunch
- 12:30pm **Integrating CGM into Your Practice**
- 2:00 **Type 2 Diabetes Prevention in Adolescents**
- 2:30 Post-test
- 2:45 **Kidney Disease and Diabetes**
- 3:30 Adjourn
- 3:45 **One-hour Optional Case Study Open Forum**



## Program objectives

Following this course, participants will be able to:

- Discuss the underlying defects and natural history of diabetes
- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining and advancing therapies
- Initiate insulin therapy based on individual assessment and adjust insulin doses based on blood glucose monitoring pattern management or continuous glucose monitoring (CGM) data
- Develop strategies to improve adherence to diabetes self-management activities such as lifestyle changes and glucose monitoring
- Outline a systematic approach for screening and managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function
- Describe diabetes management in gestational diabetes and type 2 diabetes in pregnancy
- Discuss evidence-based strategies to address obesity
- Implement at least two practice changes into patient care

## Faculty and Planning Committee

Richard Bergenstal, MD

Michael Butcher, DO

Anders Carlson, MD

Molly Carlson, MD

Tara Ettestad, RDN, LD, CDCES\*

Katrina Flaskerud, MS, RDN, LD, CDCES

Elizabeth Johnson, RDN, LD, CDCES

Andrew Kummer, MD

Janet Lima, MPH, RN, CDCES

Thomas Martens, MD\*

Laura Ross, PA-C

Betsy Schwartz, MD

Gregg Simonson, PhD\*

Jeremy Springer, MD\*

Jennifer Vesely, MD

\*Planning committee

## Register today

Visit [cme.healthpartners.com](https://cme.healthpartners.com)

Questions?

email: [CME@healthpartners.com](mailto:CME@healthpartners.com)

## Accreditation

HealthPartners is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

HealthPartners Office of Continuing Medical Education designates this live activity for a maximum of 14.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The AAFP has reviewed Clinical Diabetes Management – 2024, and deemed it acceptable for AAFP credit. Term of approval is from 06/13/2024 to 10/04/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is designed to meet the Minnesota Board of Nursing requirements. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 14.75 hours. The program number assigned to this course is 2-031-485-060B. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

## Register today

Visit [cme.healthpartners.com](https://cme.healthpartners.com)

### Questions?

email: [CME@healthpartners.com](mailto:CME@healthpartners.com)

### Cancellation and refund policy

In the event you need to cancel your registration, the registration fee, less a \$75 administrative fee, will be refunded to the same form of payment used for registration.

Cancellations must be received by 5:00 p.m. Central Time at least five business days before the start of the conference. No refunds will be issued after this time. Request for cancellations must be submitted via email to [CME@healthpartners.com](mailto:CME@healthpartners.com)

### Right to cancel or postpone

HealthPartners Office of Continuing Medical Education reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event that an event must be cancelled or postponed, the registration fee will be fully refunded. HealthPartners Office of CME is not responsible for any related costs, charges or expenses to participants, including fees assessed by airline, travel or lodging agencies.

**International Diabetes Center®**

Mail Stop: 61N06A

3800 Park Nicollet Blvd.

St. Louis Park, MN 55416

**Learn new skills you can apply  
in your practice:**

- Live training provides hands-on experience and networking opportunities
- Our experienced faculty will help you gain new knowledge, skills and tools
- Our programs are practice- and evidence-based, with emphasis on application
- Get insights from our research and clinical experience

**Register online**

**[cme.healthpartners.com](https://cme.healthpartners.com)**