

# CARPAL TUNNEL RELEASE



## OUTCOMES

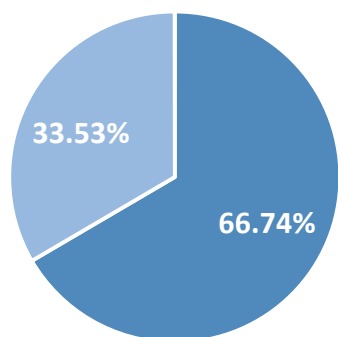
*Improving patient care by measuring surgical recovery results.*

## Our Patients

An average of 544 carpal tunnel release surgeries are performed annually at TRIA, and a total of 828 carpal tunnel release surgeries are performed annually across all HealthPartners and Park Nicollet locations.

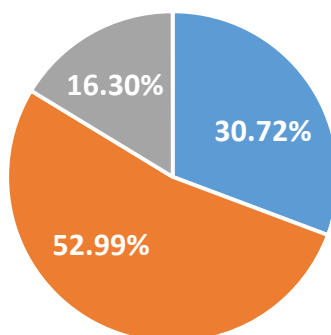


Gender



■ Female ■ Male

Age



■ Under 50 ■ Between 50-70 ■ Over 70

We encourage you to read our published results on carpal tunnel release in the [Journal of Hand Surgery](#)

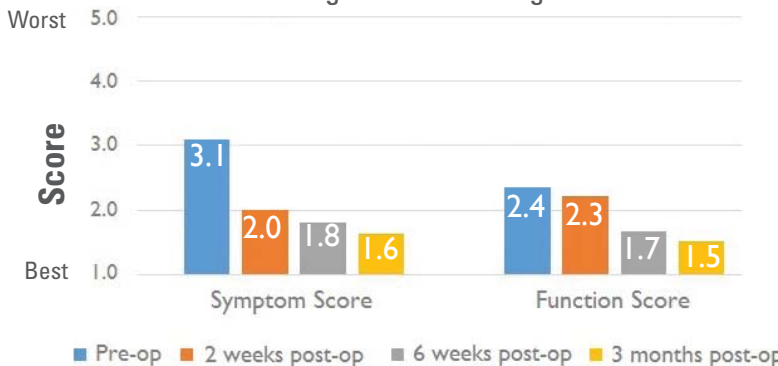
## Our Results

**1.4** out of 5

Patient rating for daytime pain at 3 months post-op

1 = no pain, 5 = very severe pain

When can I get back to doing what I love?



*TRIA is leading the way in orthopaedic surgical recovery outcomes reporting.*

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\*Results are measured using the Boston Carpal Tunnel Syndrome Questionnaire.