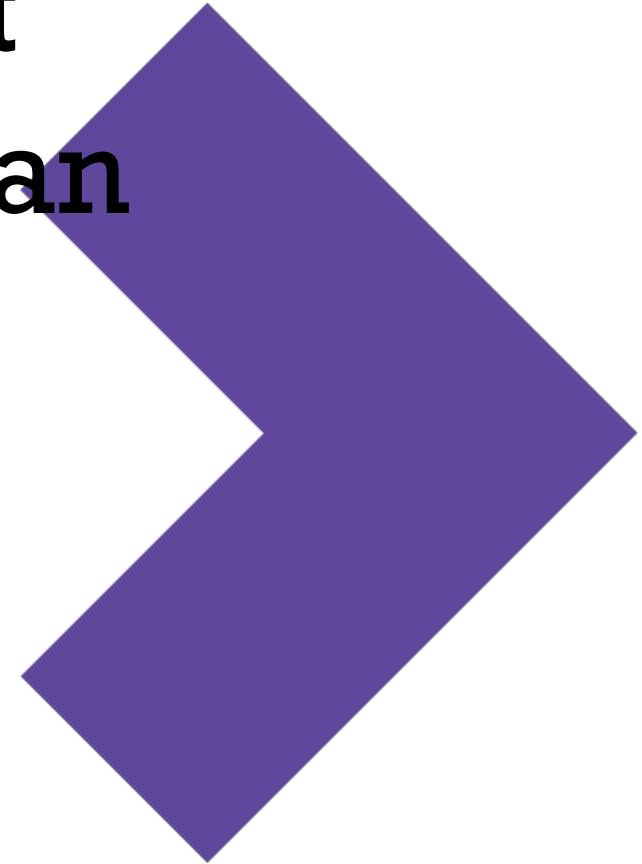




# Community Health Needs Assessment Implementation Plan

Approval Date: April 26, 2022



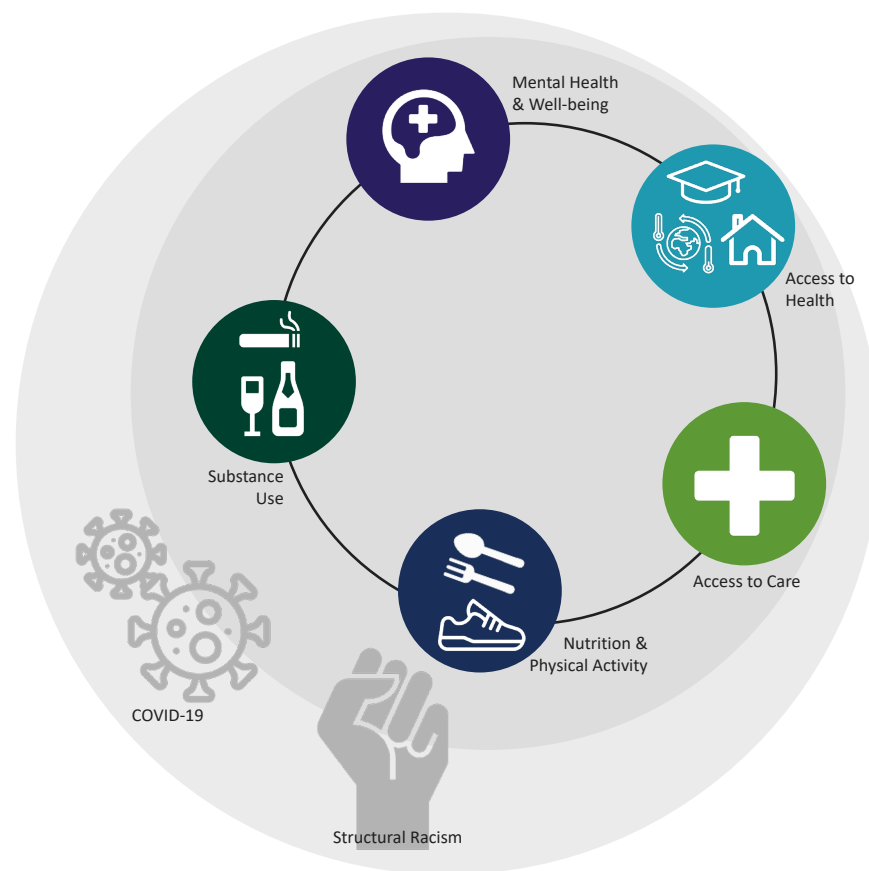
# HealthPartners 2022 CHNA Implementation Plan

The purpose of this Community Health Needs Assessment (CHNA) Implementation Plan is to describe how Hutchinson Health Hospital plans to address each of the 5 needs areas identified through the 2021 CHNA process. The needs areas identified in the most recent CHNA are shown on the graphic to the right, and include the following:

- Mental Health and Well-being
- Access to Health
- Access to Care
- Nutrition and Physical Activity
- Substance Use

Woven throughout each of these Needs Areas are two cross-cutting contextual factors: structural racism and the COVID-19 pandemic.

Over the next three years (2022-2024), our hospital intends to address all five top significant health needs areas in some way. Below we outline strategies and actions set by Hutchinson Health to address each needs area, hospital resources that will be committed, partners and anticipated impact towards each goal.





## Goal: Improve Mental Health & Well-being

Mental Health and Well-being is the interconnection between mental illness and the associated stigma, social connectedness, resiliency, and overall mental, social, and emotional well-being.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<p><b>Make It OK</b>-Community campaign to reduce the stigma of mental health and illness through:</p> <ul style="list-style-type: none"> <li>• Website and social media</li> <li>• Toolkits and resources</li> <li>• Community outreach and Ambassador Training</li> <li>• Community collaborations</li> </ul>	<ul style="list-style-type: none"> <li>• Increased awareness and knowledge of mental health and illness stigma in communities, schools, employers, community agencies, faith communities and through other partners.</li> <li>• Expanded engagement and reach in those more reluctant to seek care, vulnerable communities and communities of color.</li> <li>• Reduction in stigmatized attitudes and actions, to create more caring communities.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program support and subject matter expertise, steering committee participation and partnership</li> <li>• HealthPartners supports makeitok.org and online resources</li> <li>• Hospital Foundation Support and Resources</li> </ul>	<p>The Make It Ok initiative collaborates and partners with more than 30 Steering Committee members and partners including the National Alliance for Mental Illness (NAMI), Hutchinson Health, health care, local public health, community agencies, mental health providers, employers and other community mental health coalitions. The ongoing partner list can be found at <a href="http://www.makeitok.org">www.makeitok.org</a>.</p>
<p><b>Little Moments Count</b> – Community coalition to help parents and the community understand the importance of talking, playing, reading and singing early and often with children.</p>	<ul style="list-style-type: none"> <li>• Increase positive interactions and experiences in early childhood.</li> <li>• Positively impact health and well-being outcomes later in life.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program support, subject matter expertise and partnership</li> <li>• HealthPartners supports Littlemomentscount.org website development and maintenance</li> </ul>	<p>LMC is a collaborative of 57 organizations working to help increase parent and community interaction with babies and children. See partner list at <a href="http://www.littlemomentscount.org/about-us">www.littlemomentscount.org/about-us</a>.</p>
<p><b>Mental Health Community Collaborations</b> Actively participate in community collaborations to make equitable progress with mental health and well-being.</p>	<ul style="list-style-type: none"> <li>• Identify and increase awareness of resources available in the community.</li> <li>• Strengthen and support community partnerships and collective action.</li> <li>• Collaborate to make equitable progress toward improving community mental health and well-being.</li> </ul>	<ul style="list-style-type: none"> <li>• Led by Hutchinson Health Health &amp; Well-being staff</li> <li>• Hutchinson Health Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>• McLeod County Public Health Mental Health Cohort</li> <li>• National Alliance on Mental Illness-McLeod County</li> <li>• Hutchinson Connects</li> <li>• 2B CONTINUED-organization working to increase awareness of suicide prevention, mental health and wellness.</li> </ul>
<p>Explore opportunities to increase mental and behavioral health resources in schools.</p>	<ul style="list-style-type: none"> <li>• Identify and increase awareness of resources available for schools.</li> <li>• Sponsorship of teen mental health first aid (tMHFA).</li> </ul>	<ul style="list-style-type: none"> <li>• Led by Hutchinson Health Health &amp; Well-being staff</li> <li>• Hutchinson Health Foundation resources</li> </ul>	<ul style="list-style-type: none"> <li>• 2B CONTINUED</li> <li>• Hutchinson School District</li> </ul>



## Goal: Improve Access to Health

Access to Health refers to the social and environmental conditions and unmet social needs that directly and indirectly affect people's health and well-being such as housing, income, food security, transportation, employment, education, clean and sustainable environment, and more.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<b>Social Determinants of Health Screening and Referral</b> -Develop and implement a system-wide approach to addressing social determinants of health.	Increase access to and engagement with resources for social needs.	Led by Health Partner Medical Directors & Community Relations leaders	<ul style="list-style-type: none"> <li>• NowPow/Unite Us</li> <li>• Local Public Health</li> <li>• Community based nonprofits addressing basic needs</li> </ul>
<b>SuperShelf</b> Collaborative initiative to transform food shelves by making healthy, culturally specific foods accessible and appealing.	<ul style="list-style-type: none"> <li>• Increased nutritional quality of food available to clients.</li> <li>• Increased availability of culturally specific foods.</li> <li>• Equitable and client-focused atmosphere at food shelves.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program support and implementation; subject matter expertise</li> <li>• Participate in and support collective efforts</li> <li>• Resources for food shelf transformations</li> <li>• Support from Hutchinson Health Foundation</li> </ul>	<ul style="list-style-type: none"> <li>• Valley Outreach</li> <li>• The Food Group</li> <li>• University of Minnesota</li> <li>• Hunger Solutions Minnesota</li> <li>• McLeod County Food Shelf</li> <li>• Other partners and participating food shelves at <a href="http://www.supershelfmn.org">www.supershelfmn.org</a></li> </ul>
<b>Sustainability</b> HealthPartners supports and promotes sustainability through the lens of the triple bottom-line of people, planet, and prosperity. Where environmental health is in balance with both human and economic health and well-being for all members of our community.	Impacts will include improved air and water quality, more predictable temperatures, and improved quality of life.	<ul style="list-style-type: none"> <li>• Led by our Sustainability team</li> <li>• Supported by hospital green teams</li> </ul>	<ul style="list-style-type: none"> <li>• Local public health</li> <li>• Grassroots organizations</li> <li>• Farmers, farmer's markets, recyclers</li> </ul>
Explore opportunities to partner with community organizations to address food insecurities.	Increase access to healthy food.	Led by Hutchinson Health, Health & Well-being Team	<ul style="list-style-type: none"> <li>• Common Cup</li> <li>• School Farm to Table Program</li> <li>• McLeod Emergency Food Shelf</li> </ul>



## Goal: Improve Access to Care

Access to Care means having equitable access to appropriate, convenient, affordable and culturally responsive, trauma informed health care. This includes factors such as proximity to care, diversity training for staff, diverse backgrounds of providers, cost of care, insurance coverage, medical transportation, and care coordination within the health care system.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Improve the care experience for patients through staff training.	Enhanced patient experience.	Led by Hutchinson Health Education Team	Hutchinson Health Leaders & colleagues
<b>Build an anti-racist culture</b> through training, employee engagement and equitable policies and practices.	<ul style="list-style-type: none"> <li>• Deepen our workforce’s collective understanding of bias, racism and cultural humility as we build trust with community.</li> </ul>	<ul style="list-style-type: none"> <li>• Diversity and Inclusion teams, human resources and hospital leadership</li> <li>• Staff, systems and support; core internal work</li> </ul>	<ul style="list-style-type: none"> <li>• Penumbra Theater</li> <li>• YWCA</li> <li>• Center for Economic Inclusion</li> <li>• Local public health</li> <li>• Community agencies</li> </ul>
<b>Address disparities in care</b> Accelerate and expand our efforts to eliminate disparities in chronic conditions, preventive screenings, maternal and infant care and childhood immunizations and others. This work is done with a focus on health equity, identifying patient disparities including factors such as race, socioeconomic, gender and other factors.	<ul style="list-style-type: none"> <li>• Improved access to care.</li> <li>• Reduced disparities in care.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff, systems and support; core internal work</li> <li>• Performance Improvement projects</li> </ul>	<ul style="list-style-type: none"> <li>• Community agencies</li> <li>• International Coalition for Human Rights</li> <li>• Minnesota Council of Health Plans</li> <li>• Local public health and community services</li> <li>• WIC</li> </ul>
<b>Clinical Performance Improvement</b> Improve Coordination of Care within our system and outside partners to improve care efficiency and quality.	<ul style="list-style-type: none"> <li>• Improved access to care and resources.</li> <li>• Improved Care Coordination and Quality Outcomes.</li> <li>• Improved local access to specialty care physicians.</li> </ul>	<ul style="list-style-type: none"> <li>• Hutchinson Health Health Care Home staff</li> <li>• McLeod County Public Health onsite Liaison</li> <li>• Hutchinson Health clinic leadership</li> </ul>	<ul style="list-style-type: none"> <li>• Hutchinson Health physicians</li> <li>• McLeod County Public Health</li> </ul>
<b>Leverage Technology for Seamless Care</b> Expand the use of technology (telemedicine, emails, text messages, MyChart messages, etc.) to engage patients between visits and promote healthy behaviors.	<ul style="list-style-type: none"> <li>• Improved and simplified access to care.</li> </ul>	<ul style="list-style-type: none"> <li>• Internal resources and systems</li> </ul>	<ul style="list-style-type: none"> <li>• EPIC</li> <li>• Google</li> </ul>

<p><b>Children’s Health Initiative</b> HealthPartners is working to improve the health and well-being of children and their families by concentrating on: Promoting early brain development, providing family centered care and strengthening our communities. Areas of focus include:</p> <ul style="list-style-type: none"> <li>• Healthy Beginnings: Promote drug, alcohol and tobacco-free pregnancies by universally screening all pregnant women and offering non-judgmental support; identify other needs (socioeconomic, etc)</li> <li>• Little Moments Count</li> <li>• Breastfeeding promotion and support</li> <li>• Postpartum depression screening</li> </ul>	<ul style="list-style-type: none"> <li>• Improve the health of children in early childhood.</li> <li>• Improve the health of mothers during and after pregnancy and delivery.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff, systems and support</li> </ul>	<ul style="list-style-type: none"> <li>• ICHRP</li> <li>• Minnesota Breastfeeding Coalition</li> <li>• Reach Out and Read</li> <li>• Little Moments Count</li> <li>• Teen Leadership Council</li> <li>• Local county public health and community services</li> </ul>
<p>Community health education classes and opportunities are available to the community.</p>	<ul style="list-style-type: none"> <li>• Community members will learn about health and wellbeing and various medical conditions, learn skills to support their health and wellbeing, and learn about services at our hospitals and clinics.</li> </ul>	<ul style="list-style-type: none"> <li>• Hutchinson Health Education Staff for coordination</li> <li>• Hutchinson Health topic specific experts-Diabetes Education, Rehab Services, Social Services, BirthCare</li> </ul>	<p>Hutchinson Health topic-specific instructors</p>



## Goal: Improve Nutrition & Physical Activity

Nutrition & Physical Activity means equitable access to nutrition, physical activity and healthy supportive environments for families and communities.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
<p><b>PowerUp</b> Community-wide initiative to support eating better, moving more and feeling good. Resources include:</p> <ul style="list-style-type: none"> <li>• School Challenge and teacher resources</li> <li>• Classes for cooking and sports nutrition</li> <li>• Community options for physical activity</li> <li>• Family magazines, online resources and recipes</li> </ul>	<ul style="list-style-type: none"> <li>• Increased awareness about resources for eating better, moving more and feeling good.</li> <li>• Improved attitudes and behaviors around eating, physical activity and mental well-being.</li> </ul>	<ul style="list-style-type: none"> <li>• Staff for program development and partnership development</li> <li>• Support from the Hutchinson Health Foundation</li> </ul>	<ul style="list-style-type: none"> <li>• School Districts</li> <li>• Elementary Schools</li> <li>• Teachers and youth leaders</li> <li>• School Age Care programs</li> <li>• Hutchinson Health Physicians</li> </ul>

Strengthen community partnerships around better eating.	<ul style="list-style-type: none"> <li>• Improve attitude and behavior towards better food choices.</li> <li>• Strengthen and support community partnerships and collective action.</li> <li>• Collaborate to make equitable progress toward improving nutrition.</li> </ul>	Led by Hutchinson Health, Health & Well-being Team	<ul style="list-style-type: none"> <li>• Farm to School Program</li> <li>• Farmer's Market</li> <li>• Wheel &amp; Cog Children's Museum</li> <li>• McLeod Emergency Food Shelf</li> </ul>
Strengthen community partnerships around physical activity.	<ul style="list-style-type: none"> <li>• Improve attitude and behavior towards physical activity.</li> <li>• Strengthen and support community partnerships and collective action.</li> <li>• Collaborate to make equitable progress toward improving physical activity.</li> </ul>	Led by Hutchinson Health Health & Well-being Team	<ul style="list-style-type: none"> <li>• Parks and Recreation</li> <li>• Hutchinson Jaycees</li> <li>• Hutchinson School District</li> </ul>



## Goal: Reduce Substance Use

Substance Use covers substance abuse and addiction, which are the use of substances including alcohol, tobacco and e-cigarettes, prescription drugs, opioids and other drugs in a manner that is harmful to health and well-being and causes problems or distress that affect daily life.

Strategies/action	Anticipated Impact	Hospital Resources	Partners
Medication Takeback Program	Community knowledge of locations and knowledge of how to dispose of prescriptions.	Led by Hutchinson Health Health & Well-being Team	<ul style="list-style-type: none"> <li>• Hutchinson Police Dept</li> <li>• MEADA of McLeod County</li> </ul>
Collaborate with community partners to increase substance abuse prevention and education.	<ul style="list-style-type: none"> <li>• Identify and strengthen partnerships to provide substance abuse education and resources.</li> <li>• Collaborate to make equitable progress toward improving substance use.</li> </ul>	Led by Hutchinson Health Health & Well-being Team	<ul style="list-style-type: none"> <li>• MEADA of McLeod County</li> <li>• McLeod County Public Health</li> <li>• Hutchinson Police Department</li> <li>• Hutchinson Health Physicians</li> </ul>

## Contact Information

Healthandwellbeing@hutchhealth.com