

ISKUUL LAMA IMAN KARO, TALLAAL LA'AAN (NO SHOTS, NO SCHOOL)

Tallaalada Kahortagga ah ee Caqabada Lahayn (Barrier-Free Immunizations – Somali)

Magaca dambe ardayga	Magaca hore ardayga	Taariikhda Dhalashada
Magaca rugta caafimaadka	Fakiska	Telefoonka
Cinwaanka	Magaalada	

Sharciga Minnesota iyo Wisconsin wuxuu farayaa qaadashada tallaalada kahortagga ah, ama caddaynta qoraalka ah oo ka-dhaafitaanka tallaalka, si ay carruurto u dhigtaan dugsiga hoose ama sare. Waalidiinta iyo mas'uuliyiinta ayaa ka heli kara macluumaad dheeraad ah halkan:

Minnesota - Carruurtaadu Diyaar Ma Yihiin? <https://www.health.state.mn.us/people/immunize/basics/readykidswhento.pdf>

Wisconsin - <https://www.dhs.wisconsin.gov/immunization/reqs.htm>

Ka hubi dhakhtarka caadiga ah ama rugta caafimaadka ee ilmahaaga wixii ku saabsan tallaallada la iska rabo. Haddii ilmahaagu uusan lahayn rug caafimaad oo joogto ah, ama uu yahay mid aan awoodin inuu helo ballan, ilmahaagu ayaa awoodi doona in laga tallaalo rugta caafimaadka ee Iskuul Lama Iman Karo Tallaal La'aan*. Rugtan caafimaad ayaa bixin doonta Tallaalada iyadoo aan lacag lagugu soo dallacin si aad u hesho tallaalada ama ay tahay inaad booqato dhakhtar. Haddii ilmahaagu leeyahay caymis caafimaad ama uu ka diiwaangashan yahay barnaamijka kaalmada caafimaadka (MA), caymiska waa lagugu soo dalici doonaa.

* <https://www.healthpartners.com/care/everyday/kids-health/no-shots-no-school/>

Waalidka

Ilmaha ka yar 18 jir waa inuu wehliyo waalid ama mas'uul.

- ✓ U keen foomkan soodhoweynta rugta caafimaadka.
- ✓ Haddii aad leedahay caymis, keen kaarka caymiskaaga rugta caafimaadka. Haddii caymiskaagu uusan daboolin tallaalada, u sheeg shaqaalaha rugta caafimaadka.
- ✓ Keen nuqulka diiwaanka tallaalka kahortagga ah ee ilmahaaga iyo foomkan dugsiga si aad u muujiso in ilmahaagu helay talaaladii laga rabay.
- ✓ **Haddii aad hesho biilka loogu talagalay tallaalka, la xiriir rugta caafimaadka. Weydii adeegga macaamiisha oo u sheeg inaad heshay biil loogu talagalay tallaalada la helo iyadoo loo marayo Iskuulka Lama Iman Karo, Tallaal La'aan.**

Dugsiga Ayaa Dhammaystiri Doona

- Macluumaadka rugta caafimaadka (magaca, cinwaanka, lambarka telefoonka) ayaa lagu xusay sanduuqa sare ee foomkan.
- Diiwaanka tallaalka kahortagga ah ee ardayga ayaa lagu xusay shaxda ama wuu ku lifaaqan yahay (ku dar xogta laga helo MIIC) **AMA**
- Ma jiro diiwaan tallaalka kahortagga ah oo ku lifaaqan (wax xog ah kuma jirto MIIC)

Dugsiga	Qor bisha, maalinta iyo sannadka					
Telefoonka xafiiska dugsiga	Tallaalka	Garoojada 1-aad	Garoojada 2-aad	Garoojada 3-aad	Garoojada 4-aad	Garoojada 5-aad
Telefoonka xafiiska caafimaadka	DTP/DTaP (Teetanada, Gawracatada iyo Xiiqdheerta)					
Fakiska	Td (Teetanada iyo gawracatada)					
	Tdap (Teetanada, Gawracatada iyo Xiiqdheerta)					
	Polio (Dabaysha)					
	Hepatitis B (Cagaarshowga B)					
	MMS (Jadeecada, Qaamoqashiirta, iyo Jadeeco Jarmalka)					
	Meningococcal (Mininjokokal)					
	Varicella (Hablo-baasta)					
	▶ Ama sannadka ardaygu ku dhacay cudurka hablo-baasta:					
	Kalkaalisada ama shaqaalaha dugsiga					

Rugta Caafimaadka Ayaa Buuxin Doonta

- Nuqulka diiwaanka tallaalka kahortagga ah (oo ay ku jiraan tallaalada la bixiyay) ee ku lifaaqan foomkan oo waalidiintu waxaa la faray inay foomamkaan u geeyaan dugsigooda.
 - Nuqulka diiwaanada tallaalka kahortagga ah ee la siiyay waalidiinta.
- Garoojooyinka Tallaalka _____ Taariikhda kamadambeysta _____ Tallaalka _____ Taariikhda kamadambeysta _____
 dheeraadka ah ee Taariikhda _____ Taariikhda _____ Taariikhda _____
 loo baahan yahay: Tallaalka _____ kamadambeysta _____ Tallaalka _____ kamadambeysta _____

U soo celi foomkan ardayga/waalidka