

**Renville County | Community Health Assessment  
1.22.19 | 11a-2:30p | Government Center Conference Room**

**Overview of the Renville County Community Health Assessment community forum.**

The community health board is the legal governing authority for local public health in Minnesota.

Community health boards work with the Minnesota Department of Health to promote the public's health.

Minnesota's statute states that community health boards must serve at least 30,000 people.

If a single county doesn't meet the population requirement, it can form a community health board with one or more neighboring counties.

Kandiyohi and Renville Counties are two separate public health agencies that combined to form a Community Health board in 2013 for a total population served of 59,370.

Other counties around the state have also combined in various capacities since 1978.

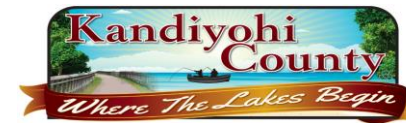
All Minnesota community health boards must participate in Assessment and Planning Process.

Many hospitals are also required, but RC Hospital & Clinics is exempt. They are voluntarily joining with us to do this assessment.

It is an ongoing process but the assessment is done every 5 years for Public Health and 3 years for hospitals.



**Kandiyohi-Renville  
Community Health Board  
Public Health  
Prevent. Promote. Protect.**



## Group Reflection on Data Presentation

From the public health data presented at the community forum, the following themes stood out most during group reflection:

### Mental Health

- Lack of Primary Care to Mental Health
- Lack of Mental Health Supports
- Integrate Motivational Interviewing and Other Practices into Health and Mental Health Supports
- Suicide Rates for Farmers

### Adverse Childhood Experiences

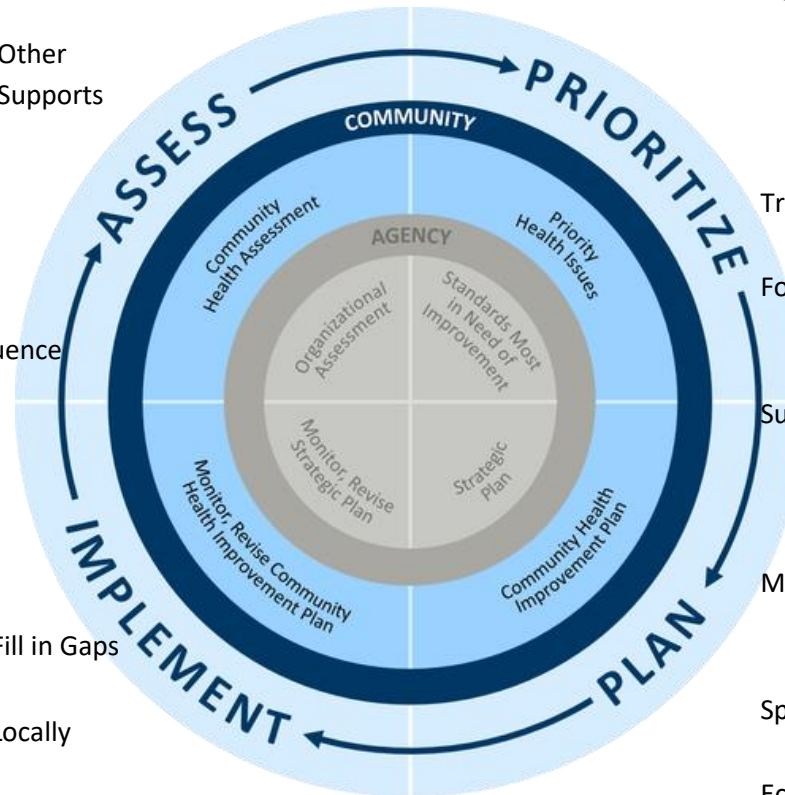
- ACEs Factors
- ACEs 20% Incarceration Rate
- The Cycle Continues (ACEs)
- ACEs - Working with Children For an Influence

### Youth and Adult Education

- Raise Awareness and Education
- Education on Health Skills/Knowledge
- Needs for Children
- Get to Kids Early

### Community Bonds

- It Begins with You – Start Here, We Can Fill in Gaps
- Future Focused
- Lack of Awareness of Existing Programs Locally
- Support Local Businesses = EDAs
- Need for Partnerships
- Intergenerational Opportunities
- Lack of Awareness – Partner with Community Education



### Environment

- Environmental Safety Concerns

### Healthcare Access

- Lack of Health-Related Resources
- Spending 96% in Clinic Where 10% of Health Happens
- Sporadic Pharmacy Locations
- Lack of Dental Care

### Transportation

- Necessity of Transportation

### Food

- Lack of Access: Grocery Stores and Transportation
- Food Inaccessibility

### Substance Abuse

- Use Substance Abuse Model to Apply to Other Areas
- Vaping
- The Rise of Vaping

### Movement

- Misdefinitions of Physical Activity
- Physical Activity = Moving Your Body Because You Can

### Spirituality

- The Need to Engage in Spirituality

### Economic Equity

- Poverty Access – Go Beyond “212” County
- Money (Equitable Financial Resources)

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**The top priorities identified in the 2019 Community Health Assessment community meeting in Renville County include:**

1 Mental Health (24 votes)	2 Adverse Childhood Experiences (20 votes)	3 Poverty & Equity (14 votes)	4 Substance Use and Abuse (10 votes)	5 Mindset of Wellness (8 votes)	6 Community Connection and Bonds (8 votes)	7 Resource Allocation (7 votes)	8 Movement (7 votes)	9 Access to Care (6 votes)	10 Childcare Access (5 votes)	11 Transportation (5 votes)	12 Food Access (5 votes)
As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:	As illustrated by:
<ul style="list-style-type: none"> <li>• Mental health</li> <li>• Mental wellness</li> <li>• Decreased vaping</li> <li>• Education about vaping</li> <li>• Mental health (suicide, access education)</li> <li>• Mental Health.</li> <li>• Access to mental health</li> <li>• Mental health</li> <li>• Behavioral health</li> <li>• Mental health stigma</li> <li>• Mental health</li> <li>• Integrated continuum from prevention to chronic illness</li> </ul>	<ul style="list-style-type: none"> <li>• ACEs awareness</li> <li>• ACES</li> <li>• ACEs</li> <li>• ACE's</li> <li>• ACE's</li> <li>• ACE identification for school age children</li> <li>• Teen pregnancy</li> <li>• Breaking the cycle</li> <li>• Awareness</li> </ul>	<ul style="list-style-type: none"> <li>• Poverty</li> <li>• Build awareness of multicultural appreciation and enrichment</li> <li>• Poverty</li> <li>• Economic security</li> <li>• Unemployment.</li> <li>• Affordable quality housing</li> </ul>	<ul style="list-style-type: none"> <li>• Education youth and adults on nicotine, tobacco, alcohol and drugs</li> <li>• Tobacco use and vaping</li> <li>• Substance abuse</li> <li>• Substance use</li> <li>• Substance abuse and vaping</li> <li>• Chemical dependency</li> </ul>	<ul style="list-style-type: none"> <li>• Teach coping skills</li> <li>• Use of creative process in wellness</li> <li>• Embrace health at every size</li> <li>• Healthy lifestyles</li> <li>• Physical wellness</li> <li>• Screen time is a problem or addiction</li> </ul>	<ul style="list-style-type: none"> <li>• Mentoring</li> <li>• Bonds with key community agencies</li> <li>• Sense of community regionally and locally</li> <li>• Better community</li> <li>• Building better bonds</li> <li>• Being a good neighbor</li> </ul>	<ul style="list-style-type: none"> <li>• Fund the young</li> <li>• Job opportunities that pay living wages</li> <li>• Develop greater resources for vulnerable populations</li> <li>• Changing demographics &amp; workforce</li> <li>• Healthcare costs</li> <li>• Equal Access for all county residents</li> <li>• Access to resources</li> </ul>	<ul style="list-style-type: none"> <li>• Increased physical activity</li> <li>• Obesity</li> <li>• Physical activity</li> <li>• Exercise</li> </ul>	<ul style="list-style-type: none"> <li>• Health care</li> <li>• Access to mental health</li> <li>• Access for mental health</li> <li>• Access to healthcare, resources, dental, pharmacy</li> <li>• Dental and medical care</li> <li>• Services for elderly</li> <li>• Holistic care for older populations</li> </ul>	<ul style="list-style-type: none"> <li>• Childcare Access</li> <li>• Professional childcare in schools 0-7 years</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of rides</li> <li>• Transportation</li> <li>• Transportation and accessibility</li> <li>• County-wide transportation</li> <li>• Transportation to food</li> </ul>	<ul style="list-style-type: none"> <li>• Access to healthy eating</li> <li>• Knowledge of healthy eating</li> <li>• Food access</li> <li>• Accessibility of healthy food and resources</li> <li>• Quality of food and water access</li> <li>• Require cooking classes in school</li> <li>• Access to food → healthy and affordable</li> <li>• Food access</li> </ul>

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